





# CHARTBOOK

National Healthcare Quality and Disparities Report

CARE COORDINATION







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# NATIONAL HEALTHCARE QUALITY AND DISPARITIES REPORT CHARTBOOK ON CARE COORDINATION

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# **CARE COORDINATION**

# Background

This Chartbook on Care Coordination is part of a family of documents and tools that support the National Healthcare Quality and Disparities Report (QDR). The QDR includes annual reports to Congress mandated in the Healthcare Research and Quality Act of 1999 (P.L. 106-129). These reports provide a comprehensive overview of the quality of health care received by the general U.S. population and disparities in care experienced by different racial, ethnic, and socioeconomic groups. The purpose of the reports is to assess the performance of our health system and to identify areas of strengths and weaknesses in the health care system along three main axes: access to health care, quality of health care, and priorities of the National Quality Strategy.

The reports are based on more than 250 measures of quality and disparities covering a broad array of health care services and settings. Data are generally available through 2013. The reports are produced with the help of an Interagency Work Group led by the Agency for Healthcare Research and Quality (AHRQ) and submitted on behalf of the Secretary of Health and Human Services (HHS).

# Key Findings of the 2015 QDR

- Access to care has improved dramatically.
- Quality of care continues to improve, but wide variation exists across the National Quality Strategy (NQS) priorities:
  - Effective Treatment measures indicate improvements in overall performance and reductions in disparities.
  - Care Coordination measures have lagged behind other priorities in overall performance.
  - Patient Safety, Person-Centered Care, and Healthy Living measures have improved overall, but many disparities remain.
- Despite progress in some areas, disparities related to race and socioeconomic status persist among measures of access and all NQS priorities.
- Improvements in access were led by sustained reductions in the number of Americans without health insurance and increases in the number of Americans with a usual source of medical care.
- Care Affordability measures are limited for summarizing performance and disparities.
- Disparities in access tend to be more common than disparities in quality.

# Chartbooks Organized Around Priorities of the National Quality Strategy

- 1. Making care safer by reducing harm caused in the delivery of care
- 2. Ensuring that each person and family is engaged as partners in their care
- 3. Promoting effective communication and coordination of care
- 4. Promoting the most effective prevention and treatment practices for the leading causes of mortality, starting with cardiovascular disease
- 5. Working with communities to promote wide use of best practices to enable healthy living

6. Making quality care more affordable for individuals, families, employers, and governments by developing and spreading new health care delivery models

Care Coordination is one of the six priorities identified by the National Quality Strategy (http://www.ahrq.gov/workingforquality/index.html).

The National Quality Strategy has identified three long-term goals related to care coordination:

- 1. Improve the quality of care transitions and communications across care settings.
- 2. Improve the quality of life for patients with chronic illness and disability by following a current care plan that anticipates and addresses pain and symptom management, psychosocial needs, and functional status.
- 3. Establish shared accountability and integration of communities and health care systems to improve quality of care and reduce health disparities.

The goal of care coordination is to create a delivery system that is less fragmented and more organized, where handoffs are clear and patients and clinicians have the information they need to optimize the patient-clinician partnership (NQS, 2011). When all of a patient's health care providers coordinate their efforts, it helps ensure that the patient receives appropriate care and support, when and how the patient needs and wants it. Effective care coordination models, such as patient-centered medical homes, have begun to show that they can deliver better quality care at lower costs in settings that range from small physician practices to large hospital centers.

# **Chartbook on Care Coordination**

- This chartbook includes:
  - Summary of trends across measures of Care Coordination from the QDR.
  - Figures illustrating select measures of Care Coordination.
- <u>Introduction and Methods</u> contains information about methods used in the chartbook.
- A Data Query tool provides access to all data tables (<u>https://nhqrnet.ahrq.gov/inhqrdr/data/ query</u>).

# **Trends in Care Coordination Measures**

- Only 37 Care Coordination measures could be tracked over time.
  - Eighteen showed improving quality.
  - Six showed worsening quality.
  - The remaining 13 showed no change.
- One measure improved quickly (average annual rate of change >10% per year):
  - Hospital patients with heart failure who were given complete written discharge instructions

# **Care Coordination Vision**

The vision is health care providers, patients, and caregivers all working together to "ensure that the patient gets the care and support he needs and wants, when and how he needs and wants it" (NQS, 2011).

# **Care Coordination Benefits**

Conscious, patient-centered coordination of care improves the person's experience and leads to better long-term health outcomes, as demonstrated by fewer unnecessary hospitalizations, repeated tests, and conflicting prescriptions, as well as clearer discourse between providers and patients about the best course of treatment (NQS, 2013).

# **Provider Communication and Care Coordination**

- Six essential elements of provider-patient communication include:
  - Having open discussion,
  - Gathering information,
  - Understanding the patient's perspective,
  - Sharing information,
  - Reaching agreement on problems and plans, and
  - Providing closure (Dean, et al., 2014).

# **Measures of Care Coordination**

- Transitions of care
- Preventable emergency department visits
- Potentially avoidable hospitalizations
- Integration of medication information
- Use of electronic health records

In addition to summarizing information on care coordination from the QDR, this chartbook tracks individual measures of care coordination, overall and for populations defined by age, race, ethnicity, income, education, insurance, and number of chronic conditions.

# **Transitions of Care**

- The Centers for Medicare & Medicaid Services (CMS) defines a transition of care as the movement of a patient from one setting of care to another. Settings of care may include hospitals, ambulatory primary care practices, ambulatory specialty care practices, long-term care facilities, home health, and rehabilitation facilities.
- Transitions increase the risk of adverse events due to the potential for miscommunication as responsibility is given to new parties.
- Hospital discharge is a complex process representing a time of significant vulnerability for patients.
- Safe and effective transfer of responsibility for a patient's medical care relies on effective provider communication with patient comprehension of discharge instructions (Gallahue, et al., 2015).

Measures of transitions of care include:

- Hospitalized adult patients with heart failure who were given complete written discharge instructions.
- Communication about discharge information.
- Median hospital 30-day risk-standardized readmission rate.

# **Complete Written Discharge Instructions**

- Effective care coordination begins by ensuring that accurate clinical information is available to support medical decisions by patients and providers.
- A common transition of care is hospital discharge.
- A successful transition depends on whether hospitals have adequately educated patients about key elements of care, such as diagnosis and followup plans (Horwitz, et al., 2013).

# Patients With Heart Failure Who Received Written Discharge Instructions



• **Importance:** Heart failure is the most frequent hospital discharge diagnosis in the older adults. Annually more than 1 million patients are hospitalized with a primary diagnosis of heart failure accounting for a total Medicare expenditure exceeding \$17 billion (Desai, 2012).

#### • Trends:

- From 2005 to 2013, the percentage of hospitalized adult patients with heart failure who were given complete written discharge instructions improved from 57.4% to 94.6%.
- Improvements were observed among both sexes and all racial/ethnic groups.
- Groups With Disparities:
  - In all years, there were no statistically significant differences by sex.
  - In all years, the percentage of hospitalized adult patients with heart failure who were given complete written discharge instructions was lower for American Indians and Alaska Natives (AI/ANs) than for Whites.
- Achievable Benchmark:
  - The 2012 top 5 State achievable benchmark was 96.2%. The top 5 States that contributed to the achievable benchmark are Illinois, Maine, New Hampshire, New Jersey, and Ohio.
  - At the current rates of increase, this benchmark could be attained overall and by both sexes in less than a year. All racial/ethnic groups could attain the benchmark in less than a year except AI/ANs, who could achieve the benchmark in about 1 year.

#### Hospital Patients Who Did Not Receive Good Discharge Information



- **Importance:** Health care provider-patient communication about prognosis and preferences for care is critical in helping patients adequately prepare for and plan future care, and physicians' communication style may affect patients' satisfaction, trust, willingness to cooperate, and health status.
- Trends:
  - From 2009 to 2014, the percentage of adult hospital patients who did not receive good communication about discharge information improved from 15.8% to 11.3%.
  - From 2009 to 2014, improvements were observed among all racial and age groups.
- Groups With Disparities:
  - In all years, Black and Asian patients were less likely than White patients to receive good communication about discharge information.
  - In all years except 2012, AI/AN patients were less likely than White patients to receive good communication about discharge information.

# Hospital Patients Who Had Difficulty Understanding Postdischarge Care



• **Importance:** Comprehension of and compliance with discharge instructions can reduce emergency department visits and rehospitalizations, improve postdischarge health outcomes, and decrease health care expenditures.

- **Overall Rate:** In 2014, 3.9% of hospital patients strongly disagreed or disagreed that they understood how to manage their health after discharge.
- Groups With Disparities:
  - In 2014, Black, AI/AN, and multiple-race patients were more likely than White patients to strongly disagree or disagree that they understood how to manage their health after discharge.
  - In 2014, White, Black, AI/AN, and multiple-race patients with any college education were more likely than patients with no college education to strongly disagree or disagree that they understood how to manage their health after discharge.

# Hospital Patients Who Said Staff Took Patient, Family, and Caregiver Preferences Into Account When Deciding on Postdischarge Care



- **Importance:** Providing comprehensive, patient-centered discharge planning can help reduce readmission rates.
- **Overall Rate:** In 2014, 5.4% of hospital patients strongly disagreed or disagreed that staff took their preferences and those of their families and caregiver into account when deciding what the patient's discharge health care would be.

# • Groups With Disparities:

- In 2014, Black, NHOPI, AI/AN, and multiple-race patients were more likely than White patients to strongly disagree or disagree that staff took their preferences and those of their families and caregiver into account when deciding what the patient's discharge health care would be.
- In 2014, White, Black, AI/AN, and multiple-race patients whose preferred language was Spanish were less likely than patients whose preferred language was English to strongly disagree or disagree that staff took their preferences and those of their families and caregiver into account when deciding what the patient's discharge health care would be.

# Readmissions

- Hospital readmission shortly after discharge is a marker of inpatient quality of care and a significant contributor to rising health care costs (Hasan, 2010).
- In 2013, approximately two-thirds of U.S. hospitals faced financial penalties from CMS because of excessively high 30-day readmission rates for acute myocardial infarction, heart failure, and pneumonia (Rau, 2013).

# Median Hospital Readmission Rate



- **Importance:** Although not all hospital readmissions are preventable, readmission rates may show whether a hospital is doing its best to deliver quality care, prevent complications, teach patients at discharge, and ensure that patients make a smooth transition to their home or another setting, such as a nursing home.
- **Overall Rate:** The median 30-day risk-standardized readmission rate in 2013 was 21.2% among patients with heart failure, 19.0% among patients with chronic obstructive pulmonary disease (COPD), 16.2% among patients with acute myocardial infarction (AMI), 15.8% among patients with pneumonia, and 12.0% among patients who had a stroke.
- **Trends:** From July-December 2010 to January-June 2013, the median 30-day riskstandardized readmission rate decreased 12% among patients with pneumonia and COPD, 11% among patients with heart failure, 10.5% among patients with stroke, and 10% among patients with AMI.





• **Importance:** Although not all hospital readmissions are preventable, readmission rates may show whether a hospital is doing its best to deliver quality care, prevent complications, teach patients at discharge, and ensure that patients make a smooth transition to their home or another setting, such as a nursing home.

# • Groups With Disparities:

The 2010 to 2013 median 30-day risk-standardized readmission rate for hospitals with high shares of Black patients was highest for heart failure (23.5%) and chronic obstructive pulmonary disease (20.9%), lower for acute myocardial infarction (18.3%) and pneumonia (17.8%), and lowest for stroke (15.3%). These rates were similar to those for hospitals with low shares of Black patients.

Median Hospital Readmission Rate, by Percentage of Patients Who Have Medicaid



- **Importance:** Although not all hospital readmissions are preventable, readmission rates may show whether a hospital is doing its best to deliver quality care, prevent complications, teach patients at discharge, and ensure that patients make a smooth transition to their home or another setting, such as a nursing home.
- Groups With Disparities:
  - The 2010 to 2013 median 30-day risk-standardized readmission rate for hospitals with high Medicaid patient share was highest for heart failure (23.3%) and chronic obstructive pulmonary disease (20.8%), lower for acute myocardial infarction (18.2%) and pneumonia (17.6%), and lowest for stroke (14.6%). These rates were similar to those for hospitals with low Medicaid patient share.

# **Preventable Emergency Department Visits**

- Emergency department (ED) visits are costly.
- Because some visits are preventable, they may indicate poor care management, inadequate access to care, or poor choices on the part of patients (Dowd, et al., 2014).
- ED visits for conditions that are preventable or treatable with appropriate primary care lower health system efficiency and raise costs (Enard & Ganelin, 2013).
- An estimated 13% to 27% of ED visits in the United States could be managed in physician offices, clinics, and urgent care centers, saving \$4.4 billion annually (Weinick, et al., 2010).

Measures of preventable ED visits include:

- ED visits with a principal diagnosis related to mental health, alcohol, or substance abuse.
- ED visits with a principal diagnosis of dental conditions.
- ED visits for asthma, ages 18-39.
- ED visits for asthma, ages 2-17.

# Emergency Department Visits Related to Mental Health, Alcohol, or Substance Abuse



- **Importance:** Frequent ED users with mental health and addiction challenges are in dire need of effective treatment and case management. Further, pediatric emergency physicians may struggle to provide effective care and consider the ED ill suited to ensure continuity of care when treating alcohol-related issues among adolescents.
- Trends:
  - From 2007 to 2013, the overall rate of ED visits with a principal diagnosis related to mental health, alcohol, or substance abuse increased from 1,527.8 to 1,883.0 per 100,000 population.
  - From 2007 to 2013, the rate of ED visits with a principal diagnosis related to mental health, alcohol, or substance abuse increased among all age and income groups.
- Groups With Disparities:
  - In all years, individuals in the highest income quartile were less likely than individuals in all other income groups to have an ED visit with a principal diagnosis related to mental health, alcohol, or substance abuse.
  - In all years, individuals ages 0-17 and 65 and over were significantly less likely than individuals ages 18-44 to have an ED visit with a principal diagnosis related to mental health, alcohol, or substance abuse.

# **Emergency Department Visits Related to Mental Health Only**



- **Importance:** Adults with mental health disorders are less likely to care for their chronic medical conditions and have worse outcomes of co-occurring chronic diseases compared with patients without mental health disorders. They are also more likely to have frequent ED visits.
- Trends:
  - From 2007 to 2013, the overall rate of ED visits with a principal diagnosis related to mental health increased from 1,063.5 to 1,268.7 per 100,000 population.

#### • Groups With Disparities:

- In all years, individuals in the highest income quartile were less likely than individuals in all other income groups to have an ED visit with a principal diagnosis related to mental health.
- In 2013, the rate of ED visits with a principal diagnosis related to mental health was lowest for individuals in the West (1,031.1 per 100,000 population) and highest in the Northeast (1,650.3 per 100,000 population).
- In 6 of 7 years, residents of micropolitan areas were more likely than residents of large fringe metropolitan areas (suburbs) to have an ED visit with a principal diagnosis related to mental health (data not shown).

#### **Emergency Department Visits Related to Substance Abuse Only**



**Key:** Q = quartile of median household income of the patient's ZIP code of residence. **Source:** Agency for Healthcare Research and Quality, Healthcare Cost and Utilization Project, Nationwide Emergency Department Sample, and HCUPnet query, 2007-2013.

# • Importance:

- In 2011, the Drug Abuse Warning Network estimated that about 2.5 million ED visits resulted from medical emergencies involving drug misuse or abuse. Of all drug misuse or abuse ED visits, about 1.25 million ED visits, or 50%, involved illicit drugs, about 1.24 million, or 50%, involved nonmedical use of pharmaceuticals, and about 0.61 million, or 25%, involved drugs combined with alcohol.
- According to the Centers for Disease Control and Prevention, the United States is experiencing an epidemic of drug overdose deaths. Since 2000, the rate of deaths from drug overdoses has increased 137%, including a 200% increase in the rate of overdose deaths involving opioids. The rate of drug overdose deaths increased significantly for both sexes, people ages 25-44 and 55 and over, non-Hispanic Whites, non-Hispanic Blacks, and residents of the Northeastern, Midwestern, and Southern regions (Rudd, et al., 2016).

# • Trends:

From 2007 to 2013, the overall rate of ED visits with a principal diagnosis related to substance abuse increased from 437.7 to 577.7 per 100,000 population.

# • Groups With Disparities:

- In 2013, the rate of ED visits with a principal diagnosis of substance abuse was lowest for individuals in the South (430.5 per 100,000 population) and highest in the Northeast (1,105.5 per 100,000 population).
- In all years, individuals in the highest income quartile were less likely than individuals in all other income groups to have an ED visit with a principal diagnosis related to substance abuse.

#### **Emergency Department Visits Related to Dental Conditions**



- **Importance**: Dental conditions such as dental caries, pulpal lesions, and gingival or periodontal conditions are treated routinely in dental office settings. When neglected, these minor localized infections can progress to form cellulitis or systemic infection and can even result in death. Evidence shows that care provided in hospital settings is less effective in managing oral health complaints and therefore may represent a highly inefficient use of limited hospital resources.
- Trends:
  - From 2009 to 2013, the overall rate of emergency department visits with a principal diagnosis related to dental conditions increased from 307.0 to 316.1 per 100,000 population.
- Groups With Disparities:
  - In 2013, the rate of ED visits with a principal diagnosis of dental conditions was lowest for individuals age 85 and over (45.0 per 100,000 population) and highest for individuals ages 18-44 (633.7 per 100,000 population).
  - In all years, residents of micropolitan and noncore areas were more likely than residents of large fringe metropolitan areas to have an ED visit with a principal diagnosis of dental conditions.





- **Importance:** Asthma exacerbations were responsible for approximately 2 million ED visits in 2012. ED visits for asthma exacerbation suggest a failure of prevention-oriented care since most asthma exacerbations are preventable with high-quality long-term management.
- Trends:
  - From 2008 to 2013, the overall rate of ED visits for asthma increased from 578.0 to 613.1 per 100,000 population.
- Groups With Disparities:
  - From 2008 to 2013, rates of ED visits for asthma were highest in the Northeast and lowest in the West. In 2013, the rate of ED visits for asthma in the Northeast was 914.8 per 100,000 population, followed by the Midwest (674.4 per 100,000 population), the South (577.9 per 100,000 population), and the West (400.7 per 100,000 population).
  - In all years, adults with the highest income were significantly less likely than all other income groups to have an ED visit for asthma.



#### **Emergency Department Visits for Asthma, Ages 2-17**

- **Importance:** Asthma exacerbations were responsible for approximately 2 million ED visits in 2012. ED visits for asthma exacerbation suggest a failure of prevention-oriented care since most asthma exacerbations are preventable with high-quality long-term management.
- Trends:
  - From 2008 to 2013, the overall rate of emergency department visits for asthma increased from 851.9 to 930.3 per 100,000 population.
- Groups With Disparities:
  - From 2008 to 2013, rates of ED visits for asthma were highest in the Northeast and lowest in the West. In 2013, the rate of ED visits for asthma in the Northeast was 1,297.6 per 100,000 population, followed by the South (922.8 per 100,000 population), the Midwest (868.8 per 100,000 population), and the West (752.5 per 100,000 population).
  - In all years, children in households in the highest income quartile were significantly less likely than all other income groups to have an ED visit for asthma.

# **Potentially Avoidable Hospitalizations**

- Hospitalizations due to ambulatory care- sensitive conditions (ACSCs) such as hypertension and pneumonia should be largely prevented if ambulatory care is provided in a timely and effective manner.
- Evidence suggests that effective primary care is associated with lower ACSC hospitalization (also referred to as avoidable hospitalization) (Gao, et al., 2014).

Potentially avoidable hospitalization measures include:

- Potentially avoidable hospitalizations for acute and chronic conditions.
- Admissions with perforated appendix.
- Admissions with hypertension.

# Potentially Avoidable Adult Hospitalizations



- **Importance:** Early intervention to prevent complications and address exacerbations of ambulatory care-sensitive conditions, such as diabetes, chronic obstructive pulmonary disease (COPD), asthma, and congestive heart failure, through good primary care may prevent the need for hospitalization.
- Trends:
  - From 2005 to 2013, the rate of potentially avoidable hospitalizations for all conditions, excluding COPD, fell from 1,604.7 to 1,236.3 per 100,000 population.
  - The rate for acute conditions decreased from 822.9 to 580.4 per 100,000 population, and the rate for chronic conditions, excluding COPD, fell from 781.8 to 655.9 per 100,000 population.
- Groups With Disparities:
  - In 2013, in all income groups, rates of potentially avoidable hospitalizations for all conditions were higher for Blacks than Whites and lower for Asians and Pacific Islanders (APIs) than Whites.
  - In 2013, rates if potentially avoidable hospitalizations for all conditions was 1536.3 per 100,000 population for Whites in the lowest income groups and 1810.9 per 100,000 population for Blacks in the highest income group.

#### **Admissions With Perforated Appendix**



- **Importance:** Appendicitis is the most common indication for an urgent intra-abdominal surgery. The misdiagnosis of appendicitis is costly in terms of patients' pain and suffering, as well as in the cost to the hospital of extended treatments and care.
- Trends:
  - From 2003 to 2013, the rate of perforated appendixes in community hospitals increased from 321.6 to 338.4 per 1,000 admissions.
  - From 2003 to 2013, the rate of perforated appendixes in IHS hospitals decreased from 384.4 to 360.8 per 1,000 admissions.
- Groups With Disparities:
  - In 2013, for IHS facilities, the rates of perforated appendixes for ages 45-64 and age 65 and over were higher than for those ages 18-44 (454.0 and 489.4 per 1,000 admissions, respectively, compared with 253.4 per 1,000 admissions).
  - In all years, rates of perforated appendixes for males were higher than for females at non-IHS hospitals; rates were higher for males than for females in 9 of 11 years at IHS hospitals (data not shown).

# **Admissions With Hypertension**



- **Importance:** Hypertensive emergency is a condition that affects approximately 1% of all patients with chronic hypertension (Kuppasani & Reddi, 2010). Among hypertensive individuals, in 2011-2012, only 51.9% had their blood pressure controlled to below 140/90 mmHg (Nwankwo, et al., 2013). Hypertension is an important risk factor for cardiovascular diseases, and uncontrolled hypertension is present in 69% of patients with a first myocardial infarction, 77% with a first stroke, and 74% with chronic heart failure (Aronow, 2012).
- Trends:
  - From 2005 to 2013, the overall rate of avoidable admissions for hypertension increased from 48.4 to 57.8 per 100,000 population.
  - From 2005 to 2013, rates of avoidable admission for hypertension got worse for residents of the Northeast, Midwest, and West. There were no statistically significant changes for residents of the South.
- Groups With Disparities:
  - Overall in 2013, rates of avoidable admission for hypertension were higher for Blacks and Hispanics than for Whites (200.5 and 67.8, respectively, compared with 35.8 per 100,000 population). Rates were lower for API s compared with Whites (30.9 vs. 35.8 per 100,000 population).
  - In 2013, in all income groups, rates of avoidable admission for hypertension were higher for Blacks and Hispanics than for Whites. There were no statistically significant differences by income between APIs and Whites.
- Achievable Benchmark:
  - The 2011 top 4 State achievable benchmark was 18%. The top 4 States that contributed to the achievable benchmark are Montana, Oregon, Utah, and Vermont.
  - No group is making progress toward the benchmark.

# Integration of Medication Information

- Poor communication between providers and between providers and patients, within and across care settings, has been identified as a source of medication error.
- Improving communication is a key aspect of decreasing medication errors and improving patient safety (Kitson, et al., 2013).
- Disparities in access to health information, services, and technology can result in:
  - Less use of preventive services,
  - Poorer chronic disease management,
  - Higher hospitalization rates, and
  - Poorer reported health status (Berkman, et al., 2004).
- Patients need to understand their medication (indications, administration, adverse effects) to safely and effectively use it. But important medication information is given to patients in a haphazard way (Persell, 2013).

Integration of medication information measures include:

- People under age 65 with a usual source of care whose health provider usually asks about prescription medications and treatments from other doctors.
- Hospitals with electronic exchange of patient medication history with hospitals outside their system.
- Hospitals with electronic exchange of patient medication history with ambulatory providers outside their system.



#### People Whose Provider Usually Asks About Medications and Treatments From Other Doctors

- **Importance:** Different providers may prescribe medications for the same patient. Patients must track all their medications, but medication information can be confusing, especially for patients on multiple medications. When care is not well coordinated and some providers do not know about all of a patient's medications, patients are at greater risk for adverse events related to drug interactions, overdosing, or underdosing. Medication information generated in different settings might not be sent to a patient's primary care provider, so the patient is the primary source of medication information. Actively gathering and managing all of a patient's medical information is an important part of care coordination.
- Trends:
  - From 2002 to 2013, the percentage of people with a usual source of care whose health provider usually asked about prescription medications and treatments from other doctors improved from 75.1% to 79.9%.
  - The percentage of people with a usual source of care whose health provider usually asked about prescription medications and treatments from other doctors showed improvement for patients of all educational levels and all groups with chronic conditions.

# • Groups With Disparities:

- In 8 of 12 years, people with less than a high school education were less likely than people with any college to be asked about prescription medications and treatments from other doctors.
- In 7 of 12 years, high school graduates were less likely than people with any college to be asked about prescription medications and treatments from other doctors.

## Hospitals With Electronic Exchange of Patient's Medication History With Other Hospitals



- **Importance:** Health information exchange enables patients' health information to follow them between delivery settings in order to support care coordination and avoid duplication of services. There is broad consensus that such connectivity is critical to improving care and reducing health care costs.
- Trends:
  - From 2009 to 2013, the percentage of hospitals with electronic exchange of patient's medication history with hospitals outside their system increased from 13.4% to 49.6%.
  - From 2009 to 2013, the percentage of hospitals with electronic exchange of patient's medication history with hospitals outside their system more than tripled for residents of all regions.

- From 2009 to 2013, the percentage of metropolitan hospitals that electronically exchanged patient medication history with hospitals outside their system significantly increased from 13.3% to 51.7%. The percentage of nonmetropolitan hospitals that electronically exchanged medication history increased from 13.5% to 47.0%.
- Differences:
  - In 2013, hospitals in the Midwest were most likely to have electronic exchange with hospitals outside their system, followed by the South, West, and Northeast (50.7%, 50.4%, 49.0%, and 45.6%, respectively).

# Hospitals With Electronic Exchange of Patient's Medication History With Other Hospitals



• **Importance:** Health information exchange enables patients' health information to follow them between delivery settings in order to support care coordination and avoid duplication of services. There is broad consensus that such connectivity is critical to improving care and reducing health care costs.

- Trends:
  - From 2009 to 2013, the percentage of hospitals that electronically exchanged patient medication history with hospitals outside their system increased:
    - From 9.4% to 37.2% for for-profit hospitals,
    - From 13.6% to 56.8% for not-for-profit hospitals, and
    - From 12.0% to 41.8% for non-Federal hospitals.
  - For Federal hospitals, the percentage decreased from 27.7% to 22.0%.
  - From 2009 to 2013, the percentage of hospitals that electronically exchanged patient medication history with hospitals outside their system increased:
    - From 14.8% to 42.6% for hospitals with fewer than 100 beds,
    - From 12.1% to 53.5% for hospitals with 100-399 beds, and
    - From 13.9% to 62.7% for hospitals with 400 or more beds.
- Differences:
  - In 4 of 5 years, hospitals with fewer than 100 beds were less likely than large hospitals (400+ beds) to exchange information with hospitals outside their system.
  - In 3 of 5 years, hospitals with 100-399 beds were less likely than large hospitals (400+ beds) to exchange information with hospitals outside their system.



#### Hospitals With Electronic Exchange of Patient's Medication History With Ambulatory Providers

- **Importance:** Health information exchange enables patients' health information to follow them between delivery settings in order to support care coordination and avoid duplication of services. There is broad consensus that such connectivity is critical to improving care and reducing health care costs.
- Trends:
  - From 2009 to 2013, the percentage of hospitals with electronic exchange of patient medication history with ambulatory providers outside their system increased from 28.2% to 51.8%.
  - From 2009 to 2013, the percentage of hospitals that electronically exchanged patient medication history with ambulatory providers outside their system increased:
    - From 29.2% to 52.8% in the Northeast,
    - From 32.2% to 52.0% in the Midwest,
    - From 25.4% to 52.3% in the South, and
    - From 24.9% to 49.4% in the West.

- From 2009 to 2013, the percentage of metropolitan hospitals that electronically exchanged patient medication history with ambulatory providers outside their system significantly increased from 29.6% to 56.4%. The percentage of nonmetropolitan hospitals that electronically exchanged patient medication history increased from 26.2% to 45.9%.
- Differences:
  - In 2013, hospitals in metropolitan areas (56.4%) were more likely to exchange information with ambulatory providers outside their system than hospitals in nonmetropolitan areas (45.9%).

#### Hospitals With Electronic Exchange of Patient's Medication History With Ambulatory Providers



• **Importance:** Health information exchange enables patients' health information to follow them between delivery settings in order to support care coordination and avoid duplication of services. There is broad consensus that such connectivity is critical to improving care and reducing health care costs.

# • Trends:

- From 2009 to 2013, the percentage of hospitals that electronically exchanged medication history with ambulatory providers outside their system increased:
  - From 19.6% to 43.7% for for-profit hospitals,
  - From 32.0% to 59.4% for not-for-profit hospitals,
  - From 13.2% to 22% for Federal hospitals, and
  - From 23.0% to 39.8% for non-Federal hospitals.
- From 2009 to 2013, the percentage of hospitals that electronically exchanged patient medication history with hospitals outside their system increased:
  - From 23.7% to 42.1% for hospitals with fewer than 100 beds,
  - From 30.4% to 57.8% for hospitals with 100-399 beds, and
  - From 32.9% to 67.3% for hospitals with 400 or more beds.

# • Differences:

- In all years, not-for-profit hospitals were more likely to have electronic exchange with ambulatory providers outside their system than for-profit **and** Federal hospitals.
- In all years, hospitals with fewer than 100 beds were less likely than hospitals with 400 or more beds to electronically exchange medication history with ambulatory providers outside their system.

# **Use of Electronic Health Records**

- Electronic health records (EHRs) can improve the quality and safety of health care.
- The adoption and effective use of health information technology can:
  - Help reduce medical errors and adverse events,
  - Enable better documentation and file organization,
  - Provide patients with information that assists their adherence to medication regimens and scheduled appointments, and
  - Assist doctors in tracking their treatment protocols (IOM, 2010).

Electronic health record measures include:

- Patients who reported that it was very important for them to get their own medical information electronically.
- Patients who reported that it was very important that doctors and other health providers be able to share their medical information with other providers electronically.
- Hospitals with fully implemented electronic medical record system.
- Hospitals with computerized systems that allow electronic clinical documentation.
- Hospitals with computerized systems that allow results viewing.
- Hospitals with computerized systems that allow decision support.
- Hospitals with computerized systems that allow computerized provider order entry (CPOE).



#### Patients Who Found It Important To Get Their Own Medical Information Electronically

- **Importance:** The 2009 U.S. Health Information Technology for Economic and Clinical Health (HITECH) Act called for the creation of a meaningful use incentive program to provide financial support to providers and health systems that adopt electronic health record (EHR) technologies. Stage 2 of the meaningful use incentive program requires the active engagement of patients and their families with patient portal technology in managing their own health information and care coordination (Ford, et al., 2016).
- Trends:
  - From 2008 to 2014, the percentage of patients who reported that it was very important for them to get their own medical information electronically increased from 58.3% to 69.1%.
  - From 2009 to 2014, the percentage of patients in metropolitan areas who reported that it was very important for them to get their own medical information electronically increased from 59.9% to 69.5%. Among residents of nonmetropolitan areas, the percentage increased from 50.3% to 66.9%.

# • Differences Between Groups:

- In all years, patients age 65 and over were less likely than patients ages 35-64 to report that it was very important for them to get their own medical information electronically.
- In all years except 2014, residents of nonmetropolitan areas were less likely than residents of metropolitan areas to report that it was very important for them to get their own medical information electronically.

## Patients Who Found It Important To Get Their Own Medical Information Electronically



• **Importance:** The 2009 U.S. Health Information Technology for Economic and Clinical Health (HITECH) Act called for the creation of a meaningful use incentive program to provide financial support to providers and health systems that adopt electronic health record technologies. Stage 2 of the meaningful use incentive program requires the active engagement of patients and their families with patient portal technology in managing their own health information and care coordination (Ford, et al., 2016).

- Trends:
  - From 2008 to 2014, the percentage of patients who reported that it was very important for them to get their own medical information electronically increased:
    - From 58.8% to 70.3% for Whites,
    - From 54.1% to 80.9% for Blacks,
    - From 67.6% to 73.0% for Asians, and
    - From 57.1% to 61.2% for Hispanics.
  - From 2008 to 2014, the percentage of patients who reported that it was very important for them to get their own medical information electronically increased:
    - From 60.8% to 74.5% for college graduates,
    - From 61.3% to 71.4% for patients with some college education,
    - From 56.5% to 60.3% for high school graduates, and
    - From 48.8% to 60.1% for patients with less than a high school education.

# • Differences Between Groups:

- In 2013, Black patients were more likely than White patients to report that it was very important for them to get their own medical information electronically.
- In 2013 and 2014, Hispanic patients were less likely than White patients to report that it was very important for them to get their own medical information electronically.

# Patients Who Found It Important for Doctors To Be Able To Share Their Medical Information With Other Providers Electronically



- **Importance:** Richer information flowing between and within practices can enhance primary care provider decisionmaking and improve care coordination (Cross, et al., 2015).
- Trends:
  - From 2008 to 2014, the percentage of patients who reported that it was very important that health providers be able to share their medical information with other providers electronically increased from 46.7% to 63.0%.
  - From 2008 to 2014, the percentage of patients of metropolitan areas who reported that it was very important that health providers be able to share their medical information with other providers electronically increased from 47.3% to 64.3%. The percentage for residents of nonmetropolitan areas increased from 43.6% to 56.6%.
- Differences Between Groups:
  - In all years, patients ages 18-34 were less likely than patients age 65 and over to report that it was very important that health providers be able to share their medical information with other providers electronically.
  - In 2013 and 2014, patients in metropolitan areas more likely than patients in nonmetropolitan areas to report that it was very important that health providers be able to share their medical information with other providers electronically.

# Patients Who Found It Important for Doctors To Be Able To Share Their Medical Information With Other Providers Electronically



- **Importance:** Richer information flowing between and within practices can enhance primary care provider decisionmaking and improve care coordination (Cross, et al., 2015).
- Trends:
  - From 2008 to 2014, the percentage of patients who reported that it was very important that health providers be able to share their medical information with other providers electronically increased:
    - From 48.4% to 64.8% for Whites,
    - From 41.8% to 62.1% for Blacks,
    - From 43.8% to 64.9% for Asians, and
    - From 45.1% to 58.3% for Hispanics.
  - From 2008 to 2014, the percentage of patients who reported that it was very important that health providers be able to share their medical information with other providers electronically increased:
    - From 52.2% to 68.4% for college graduates,
    - From 46.8% to 62.7% for patients with some college,
    - From 43.7% to 53.7% for high school graduates, and
    - From 43.7% to 63.4% for patients with less a high school education.

# • Differences Between Groups:

• From 2012 to 2014, Hispanic patients were less likely than White patients to report that it was very important that health providers be able to share their medical information with other providers electronically.

Hospitals With Computerized Systems That Allow Electronic Clinical Documentation



- **Importance:** Compared with paper, electronic provider documentation allows faster and more complete access to the patient record and may improve communication among members of the health care team. Some evidence exists that electronic documentation may be associated with improved patient outcomes and decreased costs (Hripcsak, et al., 2011).
- **Overall Rate:** In 2013, 52.4% of hospitals had a computerized system for electronic clinical documentation, an increase from 29.6% in 2011 (data not shown).

- Trends:
  - From 2011 to 2013, among hospitals with computerized systems that allow electronic clinical documentation, each component improved as follows:
    - Patient demographics, 87.1% to 93.0%
    - Medication lists, 71.0% to 85.4%
    - Nursing notes, 66.5% to 81.4%
    - Advance directives, 64.3% to 79.7%
    - Discharge summaries, 62.1% to 79.1%
    - Problem lists, 58.0% to 76.2%
    - Physician notes, 35.5% to 58.4%

# Hospitals With Computerized Systems That Allow Electronic Clinical Documentation With a Component for Discharge Summaries



• **Importance:** Compared with paper, electronic provider documentation allows faster and more complete access to the patient record and may improve communication among members of the health care team. Some evidence exists that electronic documentation may be associated with improved patient outcomes and decreased costs.

- Differences:
  - In 2013, 66.6% of for-profit hospitals, 84.7% of not-for-profit hospitals, 95.5% of hospitals run by the Federal Government, and 72.5% of non-Federal hospitals and had a computerized system for electronic clinical documentation with a component for discharge summaries.
  - In 2013, 94.5% of children's general, 83.0% of general medical and surgical, 66.2% of rehabilitation, 54.3% of acute long-term care, and 41.3% of psychiatric hospitals had a computerized system for electronic clinical documentation with a component for discharge summaries.

#### Hospitals With Computerized Systems That Allow Results Viewing



- **Importance:** Use of EHRs directly affects the communication and management of laboratory information in patient care, particularly results reporting and test order management (Henricks, 2011).
- **Overall Rate:** In 2013, 64.1% of hospitals had a computerized system that allows results viewing, an increase from 58.2% in 2012 (data not shown).

- Trends:
  - From 2012 to 2013, among hospitals with computerized systems that allow results viewing, the percentage of hospitals with the following components increased:
    - ♦ Laboratory reports, from 86.2% to 89.1%
    - Radiology reports, from 85.0% to 86.8%
    - Radiology images, from 82.3% to 84.2%
    - Diagnostic test results, from 73.9% to 77.5%
    - Consultant reports, from 69.6% to 74.4%
    - Diagnostic test images, from 66.7% to 71.3%

# Hospitals With Computerized Systems That Allow Results Viewing With a Component for Diagnostic Test Results



• **Importance:** Use of EHRs directly affects the communication and management of laboratory information in patient care, particularly reporting results and test order management (Henricks, 2011).

- Differences:
  - In 2013, 97.3% of children's general, 84.1% of general medical and surgical, 50.0% of rehabilitation, 43.2% of acute long-term care, and 18.8% of psychiatric hospitals had a computerized system for results viewing with a component for diagnostic test results.
  - In 2013, among hospitals with computerized systems for results viewing, the percentage with a component for diagnostic test results was highest in hospitals with more than 400 beds (93.4%), followed by hospitals with 100-399 beds (86.8%), and hospitals with fewer than 100 beds (65.5%).



#### Hospitals With Computerized Systems That Allow Decision Support

- **Importance:** Clinical decision support (CDS) systems, which provide appropriate, timely, patient-specific reminders and information, are essential to cope with the growth in medical knowledge. When implemented effectively, CDS has been shown to improve quality and can be particularly effective for increasing appropriate use of evidence-based preventive services (Wright, et al., 2015).
- **Overall Rate:** In 2013, 56.0% of hospitals had a computerized system for clinical decision support, an increase from 44.9% in 2012 (data not shown).

- Trends:
  - From 2012 to 2013, among hospitals with computerized systems that allow clinical decision support, the percentage with the following components improved:
    - Drug allergy alerts, from 79.0% to 84.5%
    - Drug-drug interaction alerts, from 78.3% to 83.9%
    - Drug-lab interaction alerts, from 66.6% to 72.7%
    - Drug dosing support, from 62.9% to 71.8%
    - Clinical reminders, from 57.3% to 68.1%
    - Clinical guidelines, from 53.8% to 67.0%

# Hospitals With Computerized Systems That Allow Decision Support With a Component for Clinical Guidelines



• **Importance:** CDS systems, which provide appropriate, timely, patient-specific reminders and information, are essential to cope with the growth in medical knowledge. When implemented effectively, CDS has been shown to improve quality and can be particularly effective for increasing appropriate use of evidence-based preventive services (Wright, et al.).

- Differences:
  - In 2013, 57.3% of for-profit hospitals, 75.4% of not-for-profit hospitals, 81.8% of hospitals run by the Federal Government, and 51.3% of non-Federal hospitals had a component for clinical guidelines.
  - In 2013, 89.4% of children's general, 72.4% of general medical and surgical, 50.6% of rehabilitation, 30.7% of acute long-term care, and 19.9% of psychiatric hospitals had a component for clinical guidelines.

# Hospitals With Computerized Systems That Allow Computerized Physician Order Entry



- **Importance:** CPOE is associated with a 13% to 99% reduction in medication errors and a 30% to 84% reduction in adverse drug events (ADEs) (Ammenwerth, et al., 2008).
- **Overall Rate:** In 2013, 69.9% of hospitals had a computerized system for CPOE, an increase from 55.2% in 2012 (data not shown).
- Groups With Disparities:
  - From 2012 to 2013, among hospitals with computerized systems that allow CPOE, the percentage with the following components improved:
    - Medications, from 63.2% to 76.8%
    - Nursing orders, from 63.6% to 76.8%
    - Laboratory tests, from 62.8% to 76.6%
    - Radiology tests, from 62.4% to 76.0%
    - Consultant requests, from 56.8% to 71.7%



# Hospitals With Computerized Systems That Allow Computerized Physician Order Entry With a Medication Component

- **Importance:** CPOE is associated with a 13% to 99% reduction in medication errors and a 30% to 84% reduction in adverse drug events (ADEs) (Ammenwerth, et al., 2008).
- Differences:
  - In 2013, 64.3% of for-profit hospitals, 82.5% of not-for-profit hospitals, 95.5% of hospitals run by the Federal Government, and 68.6% of non-Federal hospitals had a component for medications.
  - In 2013, 94.4% of children's general, 81.4% of general medical and surgical, 64.8% of rehabilitation, 41.9% of acute long-term care, and 35.9% of psychiatric hospitals had a component for medications.

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